

Screening Mammography Guidelines

American Cancer Society and University Breast Health Center mammography screening guidelines are:

- Women can have a baseline mammogram at age 35.
- Women 40 and over should have a mammogram every year. Women with a strong family history should talk to their physicians about starting sooner.
- A physician order is required for a mammogram earlier than age 35.

Additional guidelines

- One full year must have lapsed since a previous mammogram.
- The participant must be the established patient of a physician and provide the complete office address and phone number of that physician.
- The participant is encouraged to bring her last mammography films if possible. If this is not possible, please provide us with a phone number and location of your last mammogram.

Women with one or more of the following circumstances are unable to participate in the screening program:

- Significant "lump" needing diagnostic evaluation by a physician.
- Unusual nipple discharge.

Appointments are necessary. Each participant will receive education on breast self-exam at the time of her appointment. For more information, contact the Breast Health Center Mobile Mammography Department at 706/774-4149 or ask your physician's office to schedule your appointment.

Thank you for choosing University's Mobile Mammography Unit for your breast care needs. Our van is fully accredited by the American College of Radiology and the Food and Drug Administration.



UNIVERSITY
HEALTH CARE SYSTEM
Breast Health Center

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Mobile Mammography Unit



 **UNIVERSITY**
HEALTH CARE SYSTEM
Breast Health Center

Screening Mammography Patient Information

YOUR RESULTS

University's Mobile Mammography Unit offers state-of-the-art digital mammograms with certified mammography technicians. Mammograms are reviewed by a technologist during each appointment, and a radiologist reads each photo and dictates a report within 2-to-4 business days. A typed report of the results should arrive at your physician's office within 7-to-10 working days.

(If your physician's office is not located near University Hospital, the report should arrive within 7-to-14 days).

In addition, patients receive a letter from the Breast Health Center explaining the results of their mammogram within 7-to-14 days. If you have not received a letter within two weeks, please call the University Breast Health Center/Mobile Mammography at 706/774-4149 or toll free at 866/774-4141.

ADDITIONAL VIEWS

There is a 10-15 percent chance that the radiologist may ask you to return for more views (additional imaging). This is not unusual, and should not be cause for alarm. More detailed pictures of a particular breast and/or a breast ultrasound are sometimes indicated to rule out any problems.

If additional views are necessary, the Breast Health Center staff will call to schedule a follow-up appointment.

The facility or center you visit for your additional images will send you the result letter(s) by mail within several days. These final results will usually be given to you at the time you have the additional views performed.

ABOUT PREVIOUS MAMMOGRAM FILMS

If you have had a mammogram in the past, it is essential that the radiologist reviews and compares those films to those taken on the Unit. This practice ensures



the highest quality result. If previous films are from another facility and are not in our possession, please note:

- We will ask you to provide us with the name of the facility at which your previous mammogram was performed. If you cannot give us this information, we cannot request previous films and will treat your current study as a new baseline. If you can provide us with the information needed, and we do not already have your prior mammograms available, we will try to obtain them. It normally takes about 30 days to get these films from outside facilities.
- Once obtained, the radiologist will compare your previous films to your current study and issue a report to your physician. You will also receive another letter from us explaining the final results of the comparison.

BILLING INFORMATION

- For billing questions concerning a mammogram on the mobile unit, call the University Health Care System Billing Office at 706/828-2333.

- For billing questions concerning the interpretation or reading of a mammogram once it has been processed, call the Brown & Radiology Associates Billing Office at 706/737-4275.
- Please note that patients are billed separately by the Mobile Mammography Unit where the image is taken and by Brown & Radiology Associates where the image is viewed and interpreted by a board-certified radiologist.

**To maintain good breast health,
have a mammogram every year
beginning at age 40, obtain yearly
breast examinations by your
physician, and perform breast self-
examinations every month.**