

ONE IN EIGHT WOMEN WILL BE DIAGNOSED WITH BREAST CANCER IN THEIR LIFETIME.



Most women detect breast lumps themselves, but only a quarter of those lumps prove to be cancer. Early diagnosis is the key to surviving breast cancer. Remember, even men can develop breast cancer, though it is more rare.



SCREENING GUIDELINES

The American Cancer Society and University Breast Health Center mammography screening guidelines are:

- Yearly mammogram for women 40 and older**
- Yearly breast examinations by your physician**
- Monthly self-breast examinations**

Women with a breast lump, nipple discharge or other breast problems can not receive a screening mammogram and should contact University's Breast Health Imaging at 706-722-3574 for a diagnostic mammogram.



UNIVERSITY
HEALTH CARE SYSTEM
Breast Health Center

PHONE

706-774-4141

TOLL FREE

866-774-4141

WEB

universityhealth.org/breasthealth

BREAST HEALTH CENTER



UNIVERSITY
HEALTH CARE SYSTEM
Breast Health Center



If you are diagnosed with breast cancer, University's Breast Health Center will provide supportive care for you on your journey from diagnosis through treatment and follow up survivorship. The Breast Health Center is the only accredited breast center in the region recognized by the National Accreditation Program for Breast Centers.

THE CENTER OFFERS CUSTOMIZED:

- Patient and family education
- Genetic screening and testing
- Psychosocial support
- Support group for patient and spouse
- Referrals for financial assistance for healthcare needs
- Survivorship post treatment



Magnolias Boutique, open M-F from 9 a.m. to 4:30 p.m., offers a full array of image enhancing services and products for women, including:

- Breast prostheses and bra fittings by certified fitters in a private, professional atmosphere
- Wig and hair replacement fittings
- Comprehensive line of post-mastectomy bras, prostheses, swimsuits, camisoles and other products
- Fashionable hats, turbans and scarves
- Skin care products, gifts and jewelry
- Full figured bras/ fittings for everyone (up to size JJ)
- Medicare and third-party billing

DIAGNOSIS

If you discover a lump, call your physician as soon as possible. If you do not have a physician, call the Breast Health Center for assistance.

The Breast Health Center's Imaging Department and Mobile Mammography Unit are equipped with state-of-the-art equipment for screening and testing for breast cancer.

CARE & TREATMENT

Cancer treatment plans are individualized based on type, size and whether it has spread to other parts of the body. Questions about treatment options can be answered by the breast health navigator and your physicians. The knowledge they impart will allow you to partner with the caregivers and make informed decisions.

EDUCATION

The Breast Health Center's educational initiative is deeply rooted in our commitment to serve our community. Our breast health navigators offer one-on-one patient and family education, support and survivorship planning, as well as genetic counseling for hereditary breast cancer.

The Nurse Navigators are available to help you:

- Understand your diagnosis
- Educate on surgeries, treatments, tests
- Voice any questions or concerns with your doctors and other health care team members
- Embark on survivorship to help you live with and through a cancer diagnosis
- Address psychosocial needs
- Financial concerns
- Inherited genes-risk factors
- Genetic testing



SUPPORT

The support services at University are a vital part of the healing process. Support Services of the Breast Health Center include:

- Pink Magnolia's Support Group
- Spouse Support Group
- Lymphedema Class
- WJBF Buddy Check 6 Cancer Education
- Breast Self-Exam Classes
- Survivorship: for post-treatment action plan